

MARCH BREAK CAMP 2026



This March your child will not only gain the benefits of martial arts, they will take part in fun activities everyday! There will be Taekwondo training, life skills, street self-defence classes, gymnastics, patterns, weapons and more!

CHILDREN MUST BRING OWN LUNCH AND SNACKS.

DAILY SCHEDULE

8:00 -9:00 AM	ARRIVAL
9:00 -9:30 AM	CARDIO TRAINING
9:30 -10:00 AM	PATTERN TRAINING
10:00 -12:00 PM	MOVIE
12:00 -1:00 PM	LUNCH/GAMES
1:00 -2:00 PM	WORKBOOK
2:00 -3:00 PM	TECHNIQUE CLASS
3:00 -4:00 PM	FREE PLAY
4:00 -5:00 PM	PARKOUR/GYMNASTICS
5:00 -6:00 PM	PICK UP

EARLY BIRD SPECIAL: SIGN UP BY MARCH 1ST FOR 1 WEEK FOR ONLY \$250 PLUS TAX.

DAILY

MEMBERS \$70 NON-MEMBERS \$80

FULL WEEK

**MEMBERS \$300
NON-MEMBERS \$350**
PLUS HST

- MARCH 16TH MONDAY
- MARCH 17TH TUESDAY
- MARCH 18TH WEDNESDAY
- MARCH 19TH THURSDAY
- MARCH 20TH FRIDAY

FAMILY DISCOUNT:

2ND MEMBER -10%
3RD MEMBER -20% AND SOON

STUDENT : _____

AGE : _____ SEX : M ☐ F ☐

ADDRESS: _____

CITY: _____ POSTAL CODE: _____ E-MAIL: _____

NAME OF PARENTS: _____ WORK TELEPHONE: _____ HOME TELEPHONE: _____

EMERGENCY TELEPHONE: _____

PICK-UP GUARDIANS (IF NOT PARENTS): _____

MEDICAL CONDITIONS (ALLERGIES): _____

HEALTH CARD#: _____

I hereby submit my application for registration of my child for the March Break Camp. I agree to waive any claims against anyone connected to the Camp for any injuries that my child sustains during events. I also understand that photos may be taken and used for promotional purposes without compensation.

PARENT'S NAME: _____ SIGNATURE: _____ DATE: _____

PAYMENT AMOUNT: _____ DAYS REGISTERED : M ☐ T ☐ W ☐ T ☐ F ☐